

**CENTRAL MASSACHUSETTS AGENCY ON AGING  
TITLE III PROGRAMS FOR FFY 2023**

Effective October 1, 2022, **19 grants** in the amount of **\$2,000,956.22** were awarded to **10 non-profit** organizations serving elders throughout Central Massachusetts. These federal grants, authorized under the Older Americans Act, are targeted to meet the highest priority needs of persons 60 years of age and older. A volunteer allocations committee reviewed all grant applications and recommended funding for the following programs. The Advisory Council and Board of Directors approved the recommendations.

**1. Aging Services of North Central Massachusetts** **Exec. Dir. Lori Richardson**  
**Crossroads Office Park**  
**680 Mechanic Street**  
**Leominster, MA 01453**  
**(978) 537-7411**

Crisis Intervention \$25,000 Contact: Jeanine DiMarzio  
Service Area: North Worcester County  
Counseling, referral and support for elders in immediate critical need. Provides crisis case management; training to providers, especially minority programs; and purchase of emergency services. Coordinates with the ASNCM Protective Services program.

Money Management \$8,500 Contact: Liza Updike  
Service Area: North Worcester County  
Provides money management services to elders in need.

Family Caregiver \$ 98,833 Contact: Kim Sanderson  
Service Area: North Worcester County - The Family Caregiver Support Program empowers elders and caregivers to manage the personal, social, and economic challenges of caring for an elderly parent, relative, or friend by providing information, education, support, and services that enhance quality of life, prevent premature institutionalization and promote elders' independence in the community.

**2. Central Mass Housing Alliance** **Exec. Dir.: Leah Bradley**  
**6 Institute Road**  
**Worcester, MA 01609**  
**(508) 752-5519**

Elder Home Repair \$55,000 Contact: Jessica Cox-Valade  
Service Area: Central/Southern Worcester County and West Norfolk County  
This program focuses on elders living in unsafe housing who are at risk for their health and safety. It expands housing options for elders who want to remain in their own residence.

**3. Community Legal Aid** **Exec. Dir.: Jonathan Mannina**

**370 Main Street, Suite 200  
Worcester, MA 01608  
(508) 752-3718**

Senior Citizen Law & Advocacy Project \$117,167.22 Contact: Rachel Brown

Service Area: Central Mass Region

Provides free legal assistance to elders on many issues including benefits, housing, civil matters, Medicaid/Medicare eligibility, and elder abuse and nursing home issues. Also conducts education programs and distributes literature on critical topics.

**4. Elder Services of Worcester  
67 Millbrook Street  
Worcester, MA 01606  
(508) 756-1545**

**Exec. Dir.: Lisa Kippax**

Money Management \$8,500 Contact: Jamie Saviano

Service Area: Central Worcester County

Provides money management services to elders in need.

Crisis Intervention \$25,000 Contact: Laura LeBlanc

Service Area: Central Worcester County

Counseling, referral and support for elders in immediate critical need. Provides crisis case management; training to providers, especially minority programs; and purchase of emergency services. Coordinates with the ESWA Protective Services program.

Nutrition Project \$549,159 Contact: Jim Burns

Service Area: Central Worcester County

Serves congregate and home delivered meals to elders in their service area.

Family Caregiver Program \$131,778 Contact: Deb Dowd-Foley

Service Area: Central Worcester County - The Family Caregiver Support Program empowers elders and caregivers to manage the personal, social, and economic challenges of caring for an elderly parent, relative, or friend by providing information, education, support, and services that enhance quality of life, prevent premature institutionalization and promote elders' independence in the community.

**5. Jewish Family and Children's Service  
P.O. Box 16770  
484 Main Street  
Worcester, MA 01601  
(508) 755-3101**

**Interim Exec. Director: Carl Zack**

Guardianship Program \$30,000 Contact: Mary Dziejninski  
(Worcester Program)

## Service Area: Central Mass Region

Provides guardianship/conservator services to frail elders who are adjudicated to be incompetent. Professional staff conduct evaluations, act as guardians, consult with caregivers and elder service providers as to options on referrals, provide training and community education.

**6. Leominster Spanish American Center****Exec. Dir.: Nedly Latimer**

**112 Spruce Street  
Leominster, MA 01453  
(978) 534-3145**

*Ancianos Latinos Unidos* \$30,000 Contact: Mickey Guzman

## Service Area: Fitchburg &amp; Leominster

Services include outreach, information and assistance, home visits, interpretation, and translation. One of the key aspects of the program is to prevent social isolation and increase elder involvement in the community.

**7. Massachusetts College of Pharmacy and Health Sciences****Director: Paula Evans**

**Pharmacy Outreach Program  
19 Foster Street  
Worcester, MA 01608  
(508) 373-0031**

*Medication Management* \$ 33,975 Contact: Colleen Massey

## Service Area: Central Mass Region

Provides public presentations on medication management issues as well as one to one consultation with elders where needed. In addition, MassMedLine has developed educational media regarding medication management for distribution throughout Central Massachusetts.

**8. Making Opportunity Count****Exec. Dir.: Kevin Reed**

**601 River Street  
Fitchburg, MA 01420  
(978) 345-7040**

*Nutrition Project* \$353,885 Contact: Alexandra Welch

## Service Area: North Worcester County

Serves congregate and home delivered meals to elders in their service area.

**9. Tri-Valley, Inc.****Exec. Dir.: Lisa Prince**

**10 Mill Street**

**Dudley, MA 01571  
(508) 949-6640**

Crisis Intervention \$25,000 Contact: Patty Berthiaume

Service Area: South Worcester County

Counseling, referral and support for elders in immediate critical need. Provides crisis case management; training to providers, especially minority programs; and purchase emergency services. Coordinates with Tri-Valley Protective Services Program.

Money Management \$8,500 Contact: Patty Berthiaume

Service Area: South Worcester County

Provides money management services to elders in need.

Nutrition Project \$369,926 Contact: Kristin McCarthy

Service Area: South Worcester County

Serves congregate and home delivered meals to elders in their service area.

Healthy Aging \$ 16,900 Contact: Susan Salisbury

**A Matter of Balance Program:**

Designed to reduce the fear of falling and increase the activity levels of older adults who have concerns about falls.

**Chronic Disease Self-Management Program:**

For adults living with challenges of chronic conditions and learn techniques for dealing with issues such as pain, fatigue and difficult emotions.

Service Area: Bellingham, Blackstone, Brookfield, Charlton, Douglas, Dudley, East Brookfield, Franklin, Hopedale, Medway, Mendon, Milford, Millville, Northbridge, North Northbridge, Oxford, Southbridge, Spencer, Sturbridge, Sutton, Upton, Uxbridge, Warren, Webster, West Brookfield

Family Caregiver Program \$ 98,833 Contact: Susan Salisbury

Service Area: Bellingham, Blackstone, Brookfield, Charlton, Douglas, Dudley, East Brookfield, Franklin, Hopedale, Medway, Mendon, Milford, Millville, Northbridge, North Northbridge, Oxford, Southbridge, Spencer, Sturbridge, Sutton, Upton, Uxbridge, Warren, Webster, West Brookfield

**9. Uhai for Health**

**Executive Director: Jane Kimani**

**Central Community Branch YMCA  
65 James Street Suite 8A  
Worcester, MA 01603  
(508) 948-3999**

Outreach to African Immigrant and Refugees Seniors \$15,000 Contact: Jane Kimani

Service Area: The Greater Worcester Area – Connects Elder African Immigrants and Refugees with services to help them integrate and thrive in the community.

